

FALL 2020 RIGHTS GUIDE

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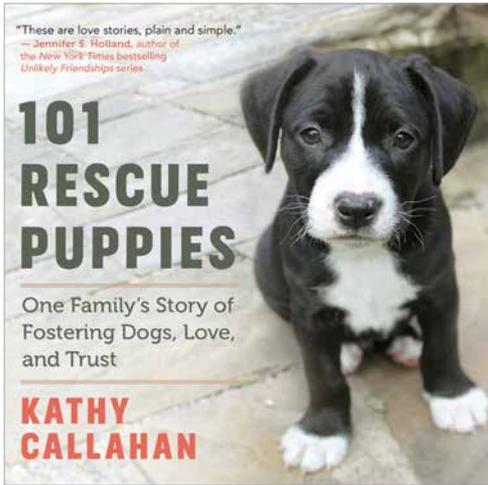
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# 101 Rescue Puppies

One Family's Story of Fostering Dogs, Love, and Trust

Kathy Callahan



“These are love stories, plain and simple.”  
— JENNIFER S. HOLLAND, author of the *New York Times* bestselling *Unlikely Friendships* series

“Told with humor and humility, *101 Rescue Puppies* is as entertaining as it is inspiring.”  
— TRAER SCOTT, author of *Shelter Dogs* and *Finding Home*

## ▶ AVAILABLE IN SEPTEMBER

Animals • \$18.95

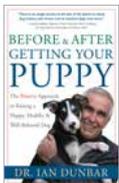
Trade paperback 160 pp. • 8 x 8

Full color • 978-1-60868-656-8

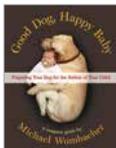
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## ▶ RECOMMENDED



**Before and After Getting Your Puppy**  
Ian Dunbar  
Hardcover • \$19.95  
978-1-57731-455-4



**Good Dog, Happy Baby**  
Michael Wombacher  
Hardcover • \$18.95  
978-1-60868-349-9

- A unique and cheering look into one family's journey of fostering over 100 puppies and finding them homes
- Beautiful photographs and charming writing convey the joy of fostering and of finding the right human-puppy match
- Approximately 1.6 million dogs are adopted from shelters annually, creating a substantial drop in the number of shelter dogs euthanized in recent years
- Not only a compelling story but gift-worthy for any animal lover, with irresistible photos and packaging

Over the past decade, Kathy Callahan's family has taken in more than 100 rescue puppies from shelters. Each pup has an endearing story, and in this delightful photo-filled book, Callahan shares many of them. Her family didn't set out to be puppy saviors, but as Callahan puts it, "Somebody had surrendered a mother dog, Nala, and her less-than-a-month-old pups at the local shelter...I thought about that exhausted nursing mom who'd been caring for those seven puppies around the clock, only to find herself suddenly homeless. There are a lot of terrible things that happen in life, and I can't do a darned thing about most of them. It struck me that this was a tiny little tragedy in my corner of the world that our family could remedy." A heartwarming read, this is also an inspiring example of finding your own way — through that one special thing you can do to light a light, instead of cursing the darkness.



**KATHY CALLAHAN** is a certified professional dog trainer. Her PupStart business offers coaching, socialization, and training services to families with new dogs. She and her dogs have worked as a therapy team in elementary schools and nursing homes. She lives in Alexandria, Virginia.

[PuppyPicks.com](http://PuppyPicks.com)

# Active Hope

How to Face the Mess We're in without Going Crazy

Revised Edition

Joanna Macy and Chris Johnstone

"Books about social and ecological change too often leave out a vital component: how do we change ourselves so that we are strong enough to fully contribute to this great shift? *Active Hope* fills this gap beautifully, guiding readers on a journey of gratitude, grief, interconnection, and, ultimately, transformation."

— NAOMI KLEIN, author of *The Shock Doctrine* and *This Changes Everything*

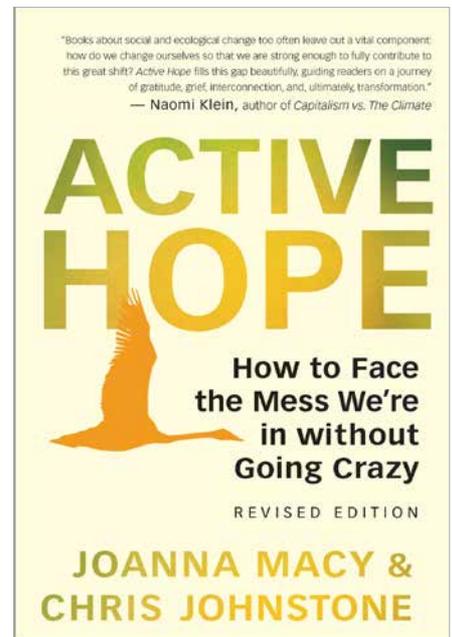
- Practical tools for coping with despair over climate change and environmental crisis from a legendary ecophilosopher and a sustainability activist
- The original edition, published in 2012, has sold over 45,000 copies
- Newly revised to reflect the authors' evolving thoughts as ecological crises deepen
- Provides a path toward emotional equilibrium based on Buddhism, deep ecology, and modern psychology

The challenges we face can be difficult even to think about. Climate change, political polarization, economic upheaval, and mass extinction together create a planetary emergency of overwhelming proportions. *Active Hope* shows us how to strengthen our capacity to face this crisis so that we can respond with unexpected resilience and creative power. Drawing on decades of teaching an empowerment approach known as the Work That Reconnects, the authors guide us through a transformational process informed by mythic journeys, modern psychology, spirituality, and holistic science. This process equips us with tools to face the mess we're in and play our role in the collective transition, or Great Turning, to a life-sustaining society.



Ecophilosopher **JOANNA MACY, PHD**, is a scholar of Buddhism, general systems theory, and deep ecology. A respected voice in movements for peace, justice, and the environment, she interweaves her scholarship with five decades of activism. She lives in Berkeley, California. Physician and coach **DR. CHRIS JOHNSTONE** is a specialist in the psychology of resilience, happiness, and positive change. He lives in Scotland.

[JoannaMacy.net](http://JoannaMacy.net) | [ChrisJohnstone.info](http://ChrisJohnstone.info)



## ▶ AVAILABLE IN DECEMBER

Psychology / Sustainability • \$18.95

Trade paperback • 288 pp. • 5½ x 8½

978-1-60868-710-7 • Rights: world



## ▶ RECOMMENDED



**The Parents' Guide to Climate Revolution**  
Mary DeMocker  
Paperback • \$16.95  
978-1-60868-481-6

# The Clear Light

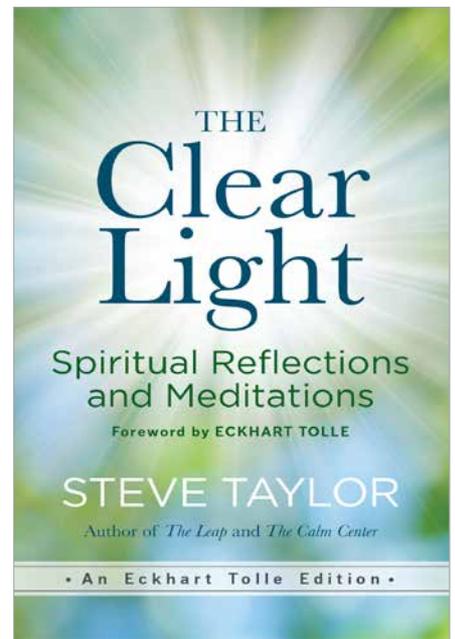
Spiritual Reflections and Meditations

Steve Taylor

Foreword by Eckhart Tolle

Praise for the author's *The Calm Center*:  
"A beautifully written guide to the fierce, liberating  
aliveness within the present moment."

— MICHAEL BERNARD BECKWITH,  
author of *Life Visioning*



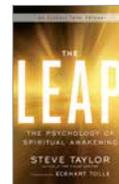
- Brief poetic reflections on awakening, healing, and joyful living from an author whose writings have been lauded by Eckhart Tolle as "an important contribution to the shift in consciousness happening on our planet"
- A sequel to the author's first collection of spiritual meditations, *The Calm Center*, which was also an Eckhart Tolle Edition
- Since 2011, the author has appeared annually in *Mind, Body, Spirit* magazine's list of the world's "100 Most Spiritually Influential Living People"

Steve Taylor offers short and powerful poetic reflections as a guide to spiritual awakening and as experiential glimpses of the state of enlightenment itself. As Eckhart Tolle has written, the poetic form has been "recognized since ancient times as a highly appropriate medium for the expression and transmission of spiritual truth." Taylor ranges widely, through subjects including "Making the Human Race Whole," "Freedom from the Past," and "The Reality of Connection," always in clear and simple language. Best of all, he reminds readers of the choices they always have when life feels chaotic and overwhelming — empathy, acceptance, and love. Soothing but also challenging, Taylor's words continually affirm the profound bedrock of peace and even joy in the present that is always available. The book's eponymous reflection says it best: "There is nothing that can't be undone — no past injury that can't be healed / no past mistake that can't be corrected — in the clear light of the present." Reading this book is a transformational spiritual experience in itself.

▶ **AVAILABLE IN SEPTEMBER**  
Spirituality / Inspiration • \$18.95  
Hardcover • 144 pp. • 5 x 8  
978-1-60868-712-1 • Rights: world  
An Eckhart Tolle Edition



▶ **RECOMMENDED**



**The Leap**  
Steve Taylor  
Paperback • \$17.95  
978-1-60868-447-2



**The Calm Center**  
Steve Taylor  
Paperback • \$17.00  
978-1-60868-330-7



**STEVE TAYLOR, PHD**, is the author of eleven previous books on psychology and spirituality, including *The Fall* and *Waking from Sleep*. *The Clear Light* is his third in New World Library's Eckhart Tolle Editions imprint. Taylor is a senior lecturer in psychology at Leeds Beckett University in the United Kingdom. He lives in Manchester, England.

[StevenMTaylor.com](http://StevenMTaylor.com)

# Found in Transition

A Mother's Evolution during Her Child's Gender Change

**Paria Hassouri**

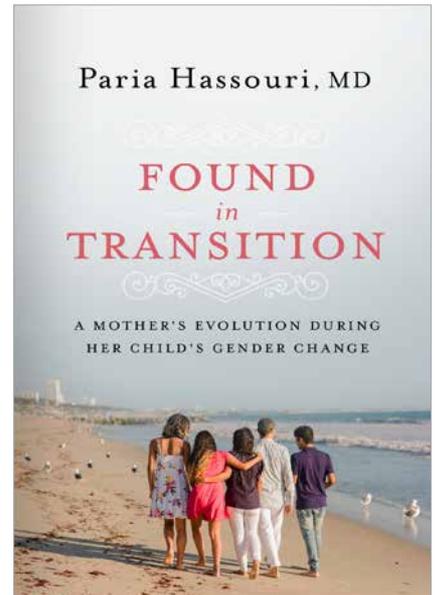
- Bravely addresses a gender transition from the parent's perspective in ways that will resonate with anyone who loves a child who is "different"
- Combines compelling, page-turning memoir with the practicalities of loving a teenager coming out as transgender and transitioning from male to female
- Explores identity, self-discovery in adolescence and midlife, and difference in a world that values conformity
- Written by a pediatrician who herself experienced a sense of otherness as an Iranian immigrant in middle America
- The author, a frequent public speaker, has written articles on this subject for media outlets including the *Los Angeles Times*, the *Washington Post*, and the *Huffington Post*
- Numerous trans persons have appeared as models and actors in recent years

Thanksgiving morning, Paria Hassouri's fourteen-year-old son asked her to iron the dress he recently purchased and plans to wear. In this wonderfully frank, loving, and practical account of parenting a transgender teen, Hassouri chronicles what amounts to a dual transition: as her child transitions from male to female, she navigates through anger, denial, and grief to eventually arrive at acceptance. Despite her experience advising other parents in her work as a pediatrician, she was blindsided by her child's gender identity. Her journey forces her to reckon with how her own childhood as a brown kid in a white world led her to sometimes parent with fear rather than love. Hassouri discovers her capacity to evolve, as well as what it really means to parent and the deepest nature of unconditional love. At its heart, *Found in Transition* is a universally inspiring portrait of what it means to be a family.



**PARIA HASSOURI, MD**, is a pediatrician, mother of three, and transgender activist. An accomplished writer, she has written on gender transitions and other subjects for many media outlets. She lives in Los Angeles.

[PariaHassouri.com](http://PariaHassouri.com)



**AVAILABLE IN SEPTEMBER**

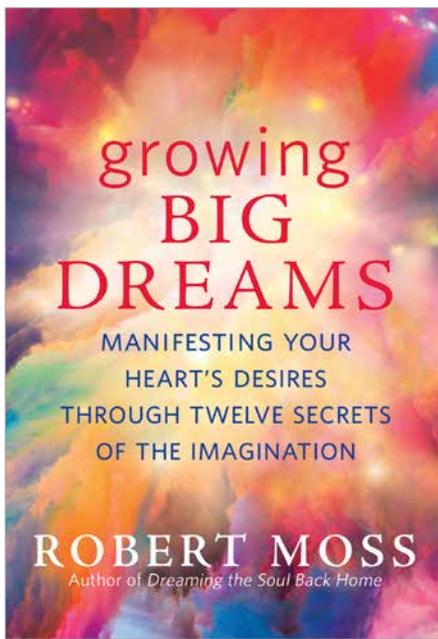
Memoir / Personal Growth • \$25.95

Hardcover • 272 pp. • 6 x 9

Black-and-white photographs

978-1-60868-708-4 • Rights: world





## Growing Big Dreams

Manifesting Your Heart's Desires through  
Twelve Secrets of the Imagination

**Robert Moss**

- A guide to harnessing the deep power of the imagination for creativity, healing, and personal growth
- Puts a new spin on popular subjects such as manifesting, spirit guides, dream exploration, and lucid dreaming
- Blends diverse topics such as sleep research, anthropology, history, and shamanism into a readable guidebook
- The author holds workshops worldwide and offers online courses through the Shift Network
- The author's previous works on dreaming have sold more than 100,000 copies

### ▶ AVAILABLE IN NOVEMBER

Metaphysical / Dreams • \$16.95

Trade paperback • 304 pp.

5½ x 8½ • 978-1-60868-704-6

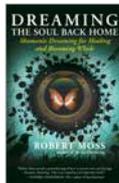
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### ▶ RECOMMENDED



**Active Dreaming**  
Robert Moss  
Paperback • \$17.95  
978-1-57731-964-1



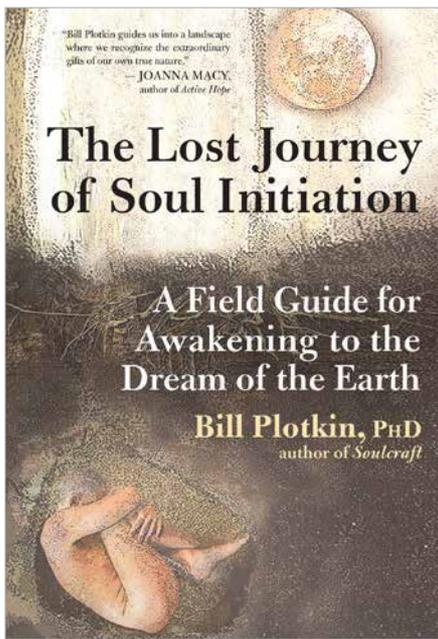
**Dreaming the Soul  
Back Home**  
Robert Moss  
Paperback • \$17.95  
978-1-60868-058-0

Imagination is sometimes confused with idle daydreaming, but the two are worlds apart. The imagination is a powerful creative resource for insight and self-actualization, one that can be tapped by anyone with the right attitude and practice. In *Growing Big Dreams*, Robert Moss shows readers how to harness the power of the creative imagination to manifest the life they truly desire. The process involves setting an intention, visualizing the goal with such intensity that it becomes tangible, and then using the imagination to make the vision take root in the “real” world. Moss offers a wide array of techniques to access the creative imagination, including lucid dreaming, the “yoga of sleep,” summoning spirit guides, cultivating psychic states of consciousness, and more. Great artists, mystics, and shamans know that there are places of the imagination that are entirely real. *Growing Big Dreams* shows everyone how to get there.



**ROBERT MOSS** is the creator of Active Dreaming, an original synthesis of modern psychology and shamanism, and offers workshops on dreaming, creativity, and shamanism throughout the world. He is also a bestselling novelist, journalist, and independent scholar.

[MossDreams.com](http://MossDreams.com)



# The Lost Journey of Soul Initiation

A Field Guide for Awakening to the Dream  
of the Earth

**Bill Plotkin, PhD**

Praise for the author's *Soulcraft*:

"An authentic masterwork...[Plotkin] has guided us far into the new world that is opening before us."

— Thomas Berry, author of *The Great Work*

- With the Earth and so many of its people, species, and ecosystems in crisis, a renowned author outlines a path toward individual awakening and cultural regeneration
- Approaches psychological and spiritual maturation from the perspective of humanity's native place in the greater web of life
- Offers a contemporary, Western, nature-based approach to the journey of soul initiation, which has been lost and forgotten by most current societies
- Features many compelling stories of those who have experienced the initiatory descent to soul, including Carl Jung, W. B. Yeats, and Joanna Macy
- Bill Plotkin's books have sold more than 100,000 copies

## ▶ AVAILABLE IN DECEMBER

Spirituality / Psychology / Nature

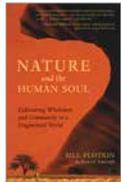
\$18.95 • Trade paperback • 320 pp.

6 x 9 • 978-1-60868-701-5

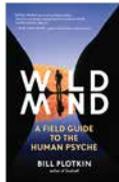
Rights: world



## ▶ RECOMMENDED



**Nature and the Human Soul**  
Bill Plotkin  
Paperback • \$19.95  
978-1-57731-551-3



**Wild Mind**  
Bill Plotkin  
Paperback • \$18.95  
978-1-60868-178-5

As cosmologist Brian Thomas Swimme writes, Bill Plotkin lives "in the creative universe as articulated by quantum physics, indigenous traditions, and evolutionary cosmology." While this might sound esoteric, Plotkin is anything but. He has devoted his life to guiding individuals to discover their soul's purpose — their unique niche in the Earth community. Here, in a culmination of his life's work, Plotkin describes for the first time the five phases of the descent to soul. Stories of those who have undertaken the journey illuminate the process, which includes the dissolution of earlier identity, the revelation of destiny or mythopoetic identity, and the subsequent metamorphosis of the ego into that of an initiated adult. Readers need not be familiar with Plotkin's previous works to benefit from this revolutionary, phase-by-phase guidance through the lost journey of soul initiation, a journey that can transform individuals and cultures — and, ultimately, our planet.



**BILL PLOTKIN, PHD**, is a depth psychologist, wilderness guide, and agent of cultural evolution. As founder of western Colorado's Animas Valley Institute, he has led thousands of women and men through nature-based initiatory passages. He lives in Durango, Colorado.

Animas.org

# Mastering the Art of Public Speaking

8 Secrets to Overcome Fear and Supercharge Your Career

Michael J. Gelb

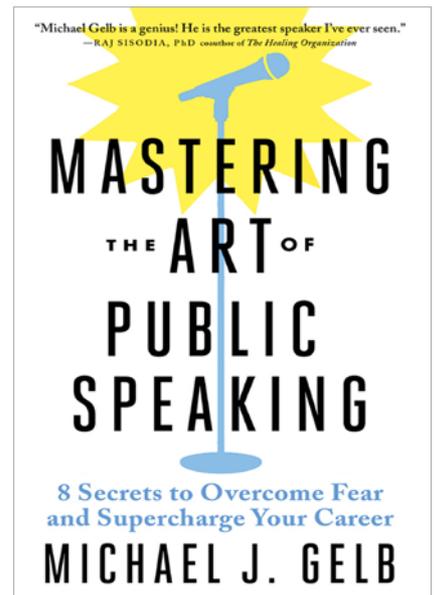
- A simple, powerful, practical approach to improving one's public speaking in sales, leadership, and life
- The author's seventeen books, including the international bestseller *How to Think Like Leonardo da Vinci*, have been translated into 25 languages and sold more than a million copies
- Offers practices that address the common fear of public speaking and transform it into energy and enthusiasm
- Teaches readers to convey their ideas to one or one thousand in ways that feel natural and enjoyable to the presenter and engaging to their listeners
- Offers skills that will help introverts and extroverts alike

*Glossophobia* is the technical term for the fear of public speaking, and according to the National Institute of Mental Health, 74 percent of Americans suffer from it. In fact, many top professional speakers and accomplished actors experience butterflies in the stomach before presenting. They never eliminate the butterflies; they just teach them how to fly in formation. How? Michael Gelb's techniques help readers clarify what they want to say and why they want to say it. Gelb helps them zero in on their message and why their audience — no matter how big or small — should care about it. Once the message is razor-sharp, he teaches how to convey it in memorable, effective ways. Gelb shows that public speaking is a skill anyone can learn and enjoy. As babies we were naturally expressive and engaging, even charismatic. *Clear and Present* guides readers to rediscover their natural gift for communication while strengthening confidence and presence.



**MICHAEL J. GELB** is a pioneer in the fields of creative thinking, innovative leadership, and executive coaching. A top-rated professional keynote speaker at conferences globally, he has coached clients from DuPont, Merck, Microsoft, YPO, and many other organizations to improve their presentations and develop executive presence. He lives outside New York City.

[MichaelGelb.com](http://MichaelGelb.com)



▶ **AVAILABLE IN SEPTEMBER**  
Public Speaking / Personal Growth  
\$17.95 • Trade paperback • 224 pp.  
5½ x 8½ • 978-1-60868-627-8  
Rights: world



▶ **RECOMMENDED**

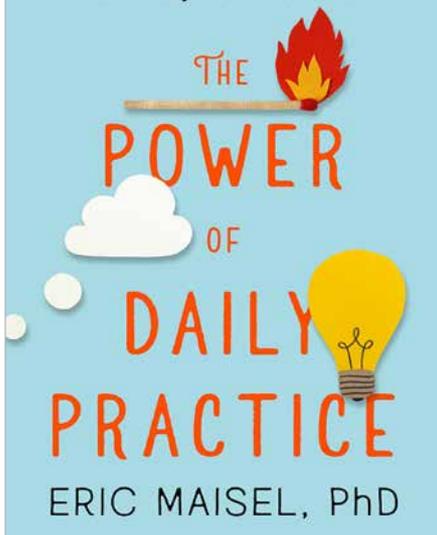


**The Art of Connection**  
Michael J. Gelb  
Paperback • \$16.95  
978-1-60868-449-6



**Snap**  
Patti Wood  
Paperback • \$16.95  
978-1-57731-939-9

How Creative and Performing Artists  
(and Everyone Else)  
Can Finally Meet Their Goals



## The Power of Daily Practice

How Creative and Performing Artists (and Everyone Else) Can Finally Meet Their Goals

Eric Maisel, PhD

- A preeminent creativity coach, therapist, and acclaimed author shows how and why to implement a daily practice — the single most crucial element of success
- Outlines the 20 elements of a practice, which are applicable to anyone with a goal
- The author's books, including *Mastering Creative Anxiety*, have sold more than 300,000 copies
- The first book with a unique focus on the most game-changing component of goal achievement: a meaningful, personal, *daily* practice
- The author's clients include bestselling writers, entrepreneurs, musicians, actors, visual artists, and recovering addicts
- The author offers online workshops through DailyOM and other outlets, has personally coached hundreds, and has trained creative coaches who have worked with countless others

### ▶ AVAILABLE IN SEPTEMBER

Creativity • \$15.95

Trade paperback • 240 pp.

5¼ x 8 • 978-1-60868-706-0

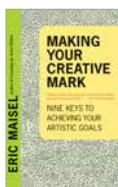
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### ▶ RECOMMENDED



**Mastering Creative Anxiety**  
Eric Maisel  
Paperback • \$17.95  
978-1-57731-932-0



**Making Your Creative Mark**  
Eric Maisel  
Paperback • \$16.95  
978-1-60868-162-4

Anyone who has ever picked up a creativity or self-help guide has likely been advised to keep to a daily schedule, daily pages, or other everyday ritual. But “just do it” usually just doesn’t work. Longtime creativity coach and therapist Eric Maisel has found an approach that does work: giving clients, and now readers, a clear understanding of what makes them personally blocked or stuck and unable to start or finish. Not enough time, resources, or talent? Fear of success, guilt about being “selfish,” and variations on the theme of “what’s the point?” Maisel has spent thirty years helping people overcome these kinds of blocks with skills including anxiety management, positive self-talk, cognitive behavioral therapy, and even “sleep thinking.” The tools Maisel offers are a potent alternative to waiting for the spirit to move or the muse to inspire: a sustainable, self-directed path to success.



**ERIC MAISEL, PHD**, is the author of more than fifty books on creativity and personal growth. Widely regarded as America’s foremost creativity coach, he is a retired family therapist and a noted leader in the movement known as critical psychology. He writes the *Rethinking Mental Health* blog for *Psychology Today* and facilitates creativity and deep writing workshops around the world. He lives in Walnut Creek, California.

[EricMaisel.com](http://EricMaisel.com)

# Radical Intuition

A Revolutionary Guide to Using Your Inner Power

Kim Chestney

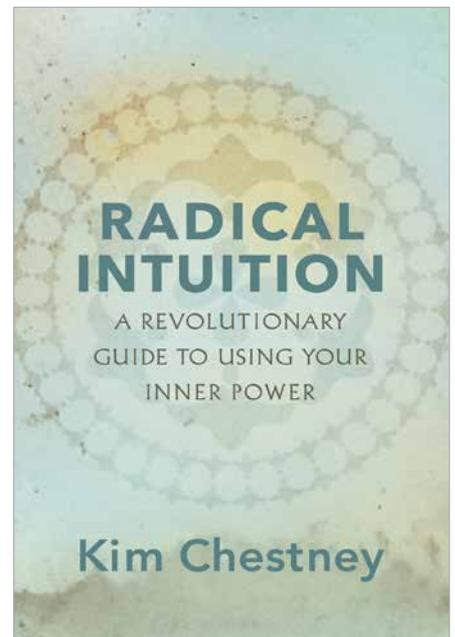
- Reveals an all-new understanding of intuition and how to use it to create an extraordinary life
- A practical guide to replacing overthinking and data over-saturation with intuition — the one trait at the root of all true genius
- A groundbreaking expansion of the author's previous book, *The Psychic Workshop*, which has sold more than 25,000 copies
- Covers four types of intuition: mind, embodied, creative, and enlightened
- Offers intuition-empowering exercises, meditations, and a regular practice to help readers move fully into a state of everyday "insightfulness"
- Extraordinary human beings — from Einstein, DaVinci, and Joan of Arc to Steve Jobs, Oprah, and Stephen Hawking — have attested to this common factor as the secret to their success

Working as a leader in the technology sector for nearly twenty years, Kim Chestney observed that intuition played a huge role in business and cultural progress. Through research and practice, Chestney evolved techniques that allow anyone to tap into this extraordinary power that is actually hardwired into us all. *Radical Intuition* presents a pioneering understanding of our inner wisdom not as some murky, mystical kind of hunch but as the highest form of everyday human cognition. Chestney shows how anyone can tune in to this guidance within to understand who they are and how to achieve their highest potential. Her practice helps readers develop their own intuitive development system, one that allows them to be conscious of their insights and to use them to create, innovate, and thrive. Aligned with this inner compass, people are empowered to not only create their own best lives but to live in ways that facilitate optimal outcomes for the people, communities, and businesses around them.



**KIM CHESTNEY** is a globally recognized innovation leader and the founder of Intuition Lab. Bridging the gap between spirituality and culture, her work has been featured or supported by leading-edge organizations including SXSW Interactive, Carnegie Mellon University, Comcast, Hewlett-Packard, the Pittsburgh Technology Council, *OMTimes*, and *Elephant Journal*. She lives in Pittsburgh, Pennsylvania.

[KimChestney.com](http://KimChestney.com)



## ▶ AVAILABLE IN NOVEMBER

Personal Growth • \$15.95

Trade paperback • 256 pp. • 5½ x 8½

978-1-60868-714-5 • Rights: world



## ▶ RECOMMENDED



**Developing Intuition**

Shakti Gawain

Paperback • \$14.95

978-1-57731-186-7